



## LIFE SKILL DEVELOPMENT: SHAPING DECISIONS, HONORING TIME



Led by Gautam Ramakrishnan, Chief Project Manager and Psychologist of Oleevia Foundation, the first session explored everyday decisions and their long-term impact. Students participated in thought-provoking discussions and reflective activities, learning how to analyze choices, consider consequences, and take ownership of their paths.

#### Time Management for Personal Growth

The second session shifted focus to the often-overlooked skill of time management. Through interactive learning tools and playful exercises led by Project Coordinator Sreeja, students grasped how proper time planning reduces stress and improves results.







### **Empowering Adolescents at Erattiyal Anganwadi**

The vibrant space of Erattiyal Anganwadi came alive as Oleevia Foundation conducted its transformative Jeevan Disha life skills session for adolescents. Held under the Sashakt Bachpan Project and Gyaan Initiative, the session aimed to nurture clarity in decision-making and foster a stronger sense of time ownership among young learners from the community.

#### Celebrating Learning, Honoring Growth

The Erattiyal session marked the finale of the two-month Jeevan Disha vacation program. Participants were awarded certificates in appreciation of their enthusiastic participation and evident personal growth. The sessions helped equip these young minds with clarity, discipline, and confidence—essential building blocks for a stronger future. Oleevia Foundation remains committed to fostering such learning experiences, empowering children to lead their lives with focus, compassion, and the ability to make thoughtful decisions that ripple into positive change.







# CAPTURING MOMENTS



