JEEVAN DISHA- CHOICES THAT MATTER, TIME THAT COUNTS

30 MAY 2025

JEEVAN DISHA AT PULAKKAD AND KALAMKULANGARA

The Oleevia Foundation extended its impactful Jeevan Disha initiative to adolescents at **Pulakkad and Kalamkulangara Anganwadis**. Conducted under the **Sashakt Bachpan Project and Gyaan Initiative**, the sessions aimed to sharpen critical life skills—**decision-making and time management**—through engaging interactions and practical learning tailored for young minds on their path to self-discovery.

DECISIONS DEFINE DIRECTION

In the first session, Chief Project Manager and Psychologist Gautam Ramakrishnan guided the children through everyday dilemmas and real-life situations to highlight the importance of making thoughtful decisions. Using visual tools and participatory techniques, the session helped students understand how their choices influence personal growth, relationships, and future opportunities. It instilled confidence in facing life's small and big crossroads.

TIME: THE SILENT SUPERPOWER

The second session centered on managing time as a valuable resource. Project Coordinator Sreeja led an array of interactive exercises that illustrated how good planning and routine can reduce stress and boost productivity. Students explored how to balance school, hobbies, and rest—turning chaotic days into structured, meaningful ones. The activities made learning fun and highly relatable.

CONCLUDING WITH CONFIDENCE AND CELEBRATION

With the Pulakkad and Kalamkulangara sessions, Oleevia Foundation concluded the two-month-long Jeevan Disha summer engagement on a high note. Each participant received a certificate recognizing their active involvement and sincere efforts. The project planted seeds of clarity, responsibility, and time-consciousness in young minds. As we wrap up this chapter, Oleevia remains committed to nurturing empowered, life-ready adolescents who can make better decisions and live intentionally—one skill at a time.

"Building Confidence Through Every Choice and Every Clock Tick."

"CAPTURING MOMENTS"